

EFT Practitioner Level II

EFT Practitioner Level II - Day 1

EFT Practitioner Level II - Day 2

Review of EFT Level I - concepts

- Gary Craig develops EFT in 1995
- EFT on the World Stage - EFT rises above the Event Horizon with +10 million Meridian Tappers
- Human Wellness - the Inseparable Interconnection of Mental, Emotional, Physical & Spiritual States
- EFT on the World Stage – EFT rises above the Event Horizon with +10 million Meridian Tappers
- Human Wellness – the inseparable interconnection of mental, emotional & physical (& spiritual!) states
- Neuroanatomy – How Tapping consistently calms the body's fight & flight response
- How and Why EFT work so rapidly for so many issues
- EFT – the Basic Recipe (old and new versions)
- Accessing resources – use of EFT 9 Gamut Sequence
- Measuring/use of 1-10 SUDs Intensity Levels
- Aspects vs. Issues - more specific; more effective
- Working with clients – goals, expectations & results
- Movie Technique & Tearless Trauma
- Effectiveness in releasing physical & emotional pain
- Flexibly addressing chronic and 'expected' pain
- Stuck? Address SBS - secondary benefit syndrome
- Keeping EFT 'Simple to Learn and Easy to Use'

Review EFT Techniques reducing Intense Issues

- Tearless Trauma Technique
- Indirect approach for Sensitive Issues
- Releasing Trauma
- Reducing Anxiety
- Releasing physical / emotional pain

Applying EFT for

- Sports Performance
- Surrogate Tapping
- Children and Elders

Palace of Possibilities Concepts –

- Marketing / Sales / Ethics and honesty
- Overcoming procrastination
- Personal Resistance
- Addressing Tail-Enders
- Inserting options and possibilities
- Success and the Writing on your Walls
- Changing the role of Inner Critic
- Allergies / toxins / sensitivities
- Finding and Addressing Core Issues
- Physical Representations of Core Issues
- Releasing Limiting Beliefs
- Assessing Beliefs with 1-10 intensity
- Tapping & Affirmations Align with Truth
- Additional Tapping points
- Effective set-up and scripting
- EFT - working by telephone / Skype
- Checking Test Results
- Delivering EFT in Groups / Skype/ on-line
- Borrowing Benefits more effectively

Review Confidence Building Tapping practices

- What questions to ask
- How to lead Tapping sessions
- Keeping focused for zero intensity
- Offer Positives after clearing negatives

Ending Tapping Sessions on a positive note

EFT Level I

Certified Practitioners

are welcome

to attend this

2-day

EFT Practitioner

Level II

Certification

Training